



## **INFORMATION FOR NOVICE FREESTYLE DRESSAGE CLASSES**

### **TIME ALLOWED:**

Minimum of 4 minutes maximum of 5 minutes

### **TIME ALLOWED:**

Minimum of 4 minutes maximum of 5 minutes

### **NOVICE LEVEL COMPULSORY MOVEMENTS FOR TECHNICAL MARKS:**

- Medium walk (minimum 20 m)
- Free walk on a long rein (minimum 20m)
- Working trot left with Circle left 15m diameter
- Working trot right with Circle right 15m diameter
- Some Medium strides in trot
- Some Medium strides in canter
- Working canter left including circle 20m diameter
- Working canter right including circle 20m diameter
- Entry and halt at the start and the halt at the end

### **NON-COMPULSORY MOVEMENTS:**

- Circles and half circles of any size
- Give and retake the reins
- Change of leg through trot
- Stretching in trot
- Rein back
- Counter canter in any form
- More than a few strides of medium trot or canter

## **PROHIBITED MOVEMENTS:**

- Medium and extended trot and canter
- Counter canter
- Rein back
- Reins in one hand
- Lateral work of any sort
- Simple changes
- Flying changes
- Canter to halt
- Walk pirouettes/half pirouettes
- Piaffe
- Passage